

SOUTH WEST VETS AC TRACK & FIELD CHAMPIONSHIP RECORDS

Last updated 20 October 2009

HAMMER

M40	46.02	Jonathan Milum	2009
M45	28.10	Peter Jefferies	1991
M50	45.80	Michael Small	2007
M55	31.90	Murray Grant	1999
M60	33.95	Murray Grant	2001
M65	20.04	George Eccles	2008
M70	26.67	Leslie Parker	1998
M75	26.14	Bernard Metcalfe	1992
M80	9.78	Roger Spikes	1999
W35	29.84	Catarina Hallden	2005
W40	27.50	Barbara Terry	1987
W45	32.80	P McNab	1989
W50	36.70	Gillian Hoskins	2000
W55	38.46	Gillian Hoskins	2003
W60	33.41	Rosemarie Hutton	2009
W65	27.62	Carole Derrien	2005